

# Frog Hop & 5K



## Tadpole 1 Mile Run

Sunday,  
February 13  
2022



Fun Run - 2 p.m.  
5K - 2:30 p.m.



## A Benefit for Sandy Creek Nature Center

### Race Information:

- ♦ **Awards:** Unique awards for each age group.
- ♦ **Goodies:** Snacks after the race.
- ♦ **Course:** Both races are on the paved North Oconee Greenway, starting at Sandy Creek Nature Center.
- ♦ **Directions:** Sandy Creek Nature Center, 205 Old Commerce Road, Athens, GA. Entrance to the Nature Center is one mile north of the Athens Perimeter, just off U.S. 441 North.
- ♦ Call 706-613-3615 or scncinc@gmail.com for more information.

### Registration Details:

- ♦ Register by January 31 at [www.active.com](http://www.active.com) or fill out the form below.
- ♦ Kids in the 1 Mile Run also receive a medal & treats.
- ♦ Entry Fees: \$22 per runner, \$18 "no shirt" option, \$80 family-of-four.
- ♦ All entries are \$27 after February 1 and are not guaranteed a t-shirt.
- ♦ 5K is part of the Clover Glove & Black Bag Race Series.
- ♦ 5K is a USATF certified course and is a Peachtree Road Race Qualifier.

## Mail In Frog Hop Entry Form

Please return completed form and check addressed to Sandy Creek Nature Center, Inc., 205 Old Commerce Road, Athens, GA 30607. Entry fees postmarked or paid in person **by January 31**. **Fees** are \$22 per person (either event), \$80 Family of four rate, \$18 for "no-shirt" option. After January 31, registrations are \$27 each.

**T-shirts may be unavailable for registrations after January 31 or sizes may be limited.**

Name: \_\_\_\_\_

Age: \_\_\_\_\_ DOB: \_\_\_\_\_ M/F: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail address: \_\_\_\_\_

**Event:** ☐ **5K** ☐ **Tadpole Fun Run**

T-shirt Size: ☐ Youth Small ☐ Youth Medium ☐ No Shirt Option (\$18)

☐ Adult S ☐ Adult M ☐ Adult L ☐ Adult XL ☐ Adult XXL (please add \$2)  
(same as Child Large)

### Waiver:

I hereby release the hosts, sponsors, and officials of the Frog Hop & Tadpole Fun Run from all claims of injury or damages resulting from my participation in said events. I realize that this is a strenuous event, which requires proper physical conditioning.

I hereby certify that I am in proper physical condition to participate. I also give permission for use of my name and/or picture in any media and/or other account of this event.

Date \_\_\_\_\_

Signature (Parent or guardian if under 18) \_\_\_\_\_

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**Sunday,  
February 13**



## Sandy Creek Nature Center

**SANDY CREEK**  
Nature Center  
205 Old Commerce Road  
Athens, GA 30607

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PAID  
Permit No. 118  
Athens, GA  
30601

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